

# WHERE TO GO

Hiking – Backpacking - Camping



Larry Blumberg  
LBlumberg@stny.rr.com  
University of Scouting

# WHERE TO GO

## Hiking – Backpacking - Camping

- Local trails
- Finger Lakes Trail
- Catskill Mountains
- Adirondack Mountains
- Pennsylvania trails
- Scout Camps
  
- Tips for planning your trip



Mt Tammany  
Appalachian Trail  
Delaware Water Gap

# LOCAL HIKING TRAILS



Did you know Camp Tuscarora has over 12 miles of marked hiking trails ?

<http://bpcouncil.org/Camping/Tuscarora%20Scout%20Reservation/Hiking%20at%20Tuscarora>

# LOCAL HIKING TRAILS

[www.Triplecitieshikingclub.org](http://www.Triplecitieshikingclub.org)

(Click on Resources for Hikers / Recreational Trails of Broome and Tioga Counties)

## Broome County

- Greenwood Park (Lisle)
- Jones Park (Vestal)
- Wolfe Park (Town of Chenango)
- Binghamton University (Vestal)
- Chenango Valley State Park
- Waterman / IBM Glen (Town of Union)



Triple Cities Hiking Club  
Enjoying a local hike

# LOCAL HIKING TRAILS

[www.Triplecitieshikingclub.org](http://www.Triplecitieshikingclub.org)

(click on Recreational Trails of Broome and Tioga Counties)

## Tioga County

- Oakley Corners  
St Forest  
(NE of Owego)
- Jenksville St Forest  
(N of Newark Valley)



# LOCAL HIKING TRAILS

[www.Triplecitieshikingclub.org](http://www.Triplecitieshikingclub.org)

(click on Recreational Trails of  
Broome and Tioga Counties)

## Cortland County

- Hammond Hill St Forest  
(S of Dryden)
- Tuller Hill & Kennedy  
St Forests (Greek Peak Ski Area)

Foxfire Leanto  
Near Greek Peak



# LOCAL HIKING TRAILS

[www.Triplecitieshikingclub.org](http://www.Triplecitieshikingclub.org)

(click on Recreational Trails of Broome and Tioga Counties)

Susquehanna County, Pa

- Salt Springs  
State Park  
(Montrose, Pa)



Salt Springs State Park

# FINGER LAKES TRAIL and North Country Nat'l Scenic Trail

<http://www.fltconference.org/trail/>

<http://northcountrytrail.org/>



- FLT - 562 mile long east-west hiking trail in NY
  - From Allegany State Park to the Catskill Mtns
  - Additional 350 mile north-south branch trails, such as
    - Onondaga Trail - Cortland County
    - Interloken - Finger Lakes Nat'l Forest in Schuyler County
    - Bristol Hills Trail - Naples to Hammondsport
    - Crystal Hills Trail – Corning area
- FLT runs coincident with North Country Nat'l Scenic Trail (between Allegany St Pk and Cortland County)



# FINGER LAKES TRAIL / North Country Nat'l Scenic Trail

## Recommended loop hikes:

- Virgil Mountain (Greek Peak)
- Abbott Loop (Danby)
- Highland Forest (Tully)



## Other hikes, out-and-back or use car shuttle:

- Berry Hill Fire Tower (Bowman Lake St Pk)
- Alder Lake (Catskills)
- Shindagin Hollow (Ithaca)
- Tinker Falls (Onondaga Branch)

## Backpack:

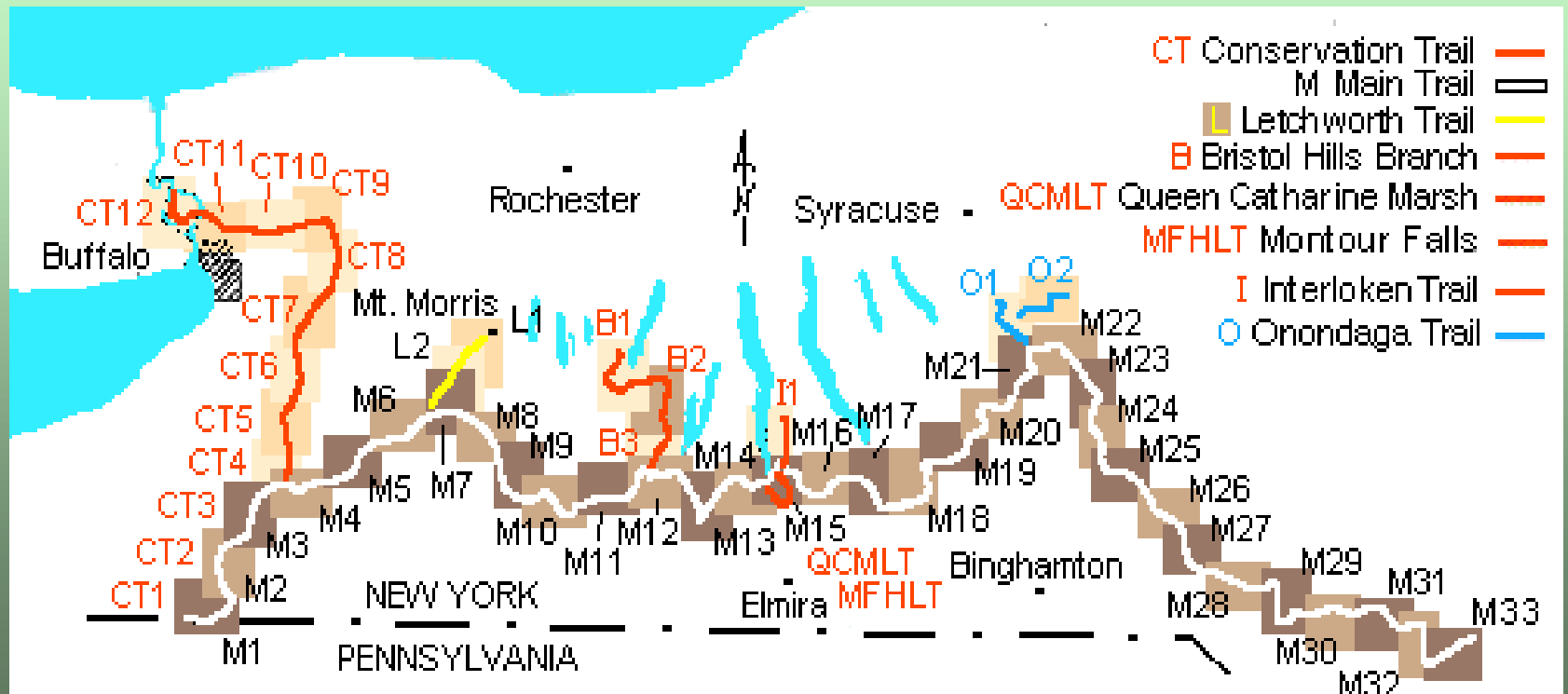
- Map M19 Foxfire & Woodchuck Hollow Leantos, 12.6 miles near Virgil, NY

# FINGER LAKES TRAIL

## Maps and Guides

Purchase on-line from the Finger Lakes Trail Conf

<http://www.fltconference.org/trail/>



# CATSKILL MOUNTAINS

[www.catskillguide.com](http://www.catskillguide.com)

(click on Hiking)

- For Maps:

Recommend - New York-New Jersey Trail Conference  
Catskill Trails Map Set [www.nynjtc.org](http://www.nynjtc.org)

Catskills offer abundant backpacking opportunities,  
look for leantos on maps



Falls Brook Leanto

# CATSKILL MOUNTAINS

35 peaks above 3500 feet provides many possible hikes

- Cornell / Wittenberg / Slide Mtn
- Hunter Mtn
- Blackhead Range
- Devils Path
- Balsam Lake Mtn



# ADIRONDACK MOUNTAINS

[www.adk.org](http://www.adk.org)

(click on Travel, Hike ideas)



Recommend - Adirondack Mountain Club Maps  
and Guide Series

Adirondacks offer abundant camping  
opportunities, look for leantos on map

# ADIRONDACK MOUNTAINS

46 peaks above 4000 feet  
provide many hikes

## SOME FAVORITES

Algonquin / Wright

Marcy

Haystack

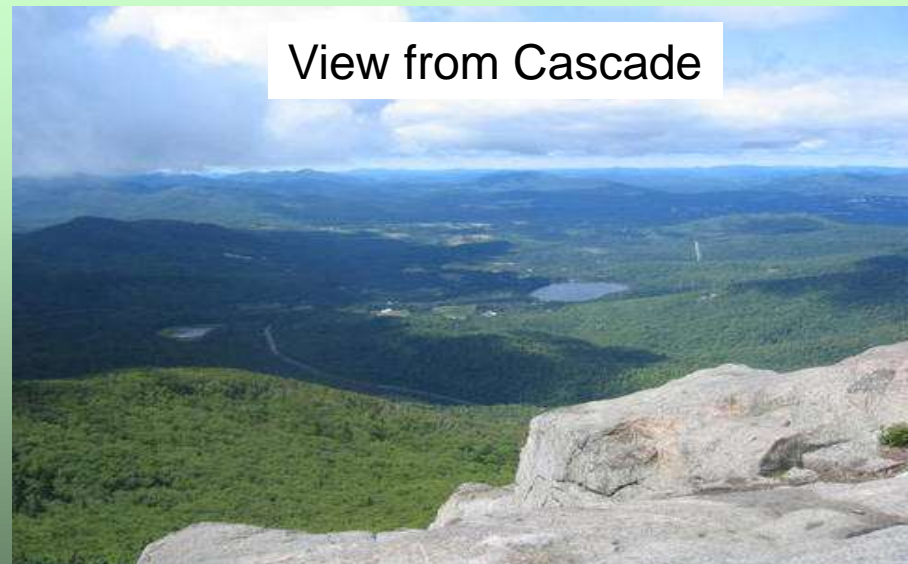
Porter / Cascade

Whiteface

Phelps

Big Slide

Giant



# ADIRONDACK MOUNTAINS

## Lots of peaks under 4000 feet

Recommendations:

Mt Jo

Noonmark

Round Mtn

Pitchoff

Owl's Head

Hurricane

Blue Mountain Lake

Goodnow

Summit of Owl's Head



# ADIRONDACK MOUNTAINS

## REGULATIONS for hiking and backpacking

<http://www.adk.org/page.php?pid=176&pname=dec-regulations>





# ADIRONDACK MOUNTAINS

## REGULATIONS COVER ISSUES LIKE:

- Maximum group size – day vs overnight ?
- Hiking in “mud” Season ?
- Camping in designated sites only ?
- Bear canisters required ?
- Campfires allowed ?
- Dogs allowed ? (if so, must be leashed)
- Winter hiking – snowshoes required ?

# PENNSYLVANIA TRAILS

[www.KTA-hike.org](http://www.KTA-hike.org)

(click On the Trails – Guide to Major Trails)



# PENNSYLVANIA TRAILS



[www.PAHikes.com](http://www.PAHikes.com)

- Another excellent website resource for info on trails in Pennsylvania

# PENNSYLVANIA TRAILS

## Recommendations

### Northeast Pennsylvania

- Appalachian Trail
- Old Loggers Path
- Loyalsock Trail
- Rickett's Glen St Pk

### North-central Pennsylvania

- Black Forest Trail
- Golden Eagle Trail
- Mid State Trail
- Susquehannock Trail

### Northwest Pennsylvania

- Allegheny National Forest
- North Country Trail



# SCOUT CAMPS

<http://www.usscouts.org/databases/camp/oed.cgi>

(A comprehensive listing of scout camps)



# Tips for Planning Your Trip

<http://www.scouting.org/HealthandSafety/GSS/gss03.aspx>

- When day-hiking, ask yourself these questions
  - Trail maps ?
  - Does your group know and understand the trip plans and itinerary ?
  - Tour permit filed with Scout Office ?

- When camping, ask yourself these additional questions
  - Adequate tent space ?
  - Adequate water supply ?
  - Adequate toilet facilities ?
  - Adequate wood for fires ?
  - Fires allowed ?
  - Land-use permits, all local regulations met ?

**And, VISIT BEFOREHAND !**

# Tips for Planning Your Trip

The 7 “LEAVE NO TRACE” PRINCIPLES:

<http://Int.org/learn/7-principles>

1. Plan Ahead and Prepare
2. Travel and Camp on Durable Surfaces
3. Dispose of Waste Properly
4. Leave What You Find
5. Minimize Campfire Impacts
6. Respect Wildlife
7. Be Considerate of Other Visitors

# Tips for Planning Your Trip

## What to Bring on a Day Hike:

Hiking poles

Personal First Aid kit

Map / compass

Proper Clothing

Raingear

“Layers”

Hat, sun protection

Lunch/snacks

Water (1 liter or more for every 5 miles)

Hiking Boots/socks

Synthetics (avoid cotton)



# WHERE TO GO

## Hiking and Backpacking

So many places to go  
(and so few weekends)

# Happy Hiking !

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